



APPLICATION OF SKIMMING READING TECHNIQUES TO INCREASE READING MOTIVATION IN STUDENTS

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Abstract

The purpose of creating this article is to examine whether the application of skimming reading techniques can increase reading motivation in students in e-learning. This research uses the library study method (Library Research). The data was collected by analyzing and reviewing and then comparing 16 literature research articles related to the use of Skimming reading techniques. It was found that by applying the use of skimming reading techniques to students ranging from elementary school, junior high school to those with student status, both those applied to normal students and those with limitations proved effective in being able to improve reading skills and analyze the content of written readings. Where with the increase in the reading ability of a student, it can be a driver of increasing motivation and interest in reading.

Keywords: *skimming technique, student, motivation*

A. Introduction

In the big dictionary Indonesian students are defined as people who study in higher education. From the above understanding, researchers can collect that a student is someone who is studying or is studying in college. Ordinary students are also often heard as agents of change, which means that students are a driving force where students can bring changes in various changes that can be changed from the innovations they have made.

To master a writing certificate (writing) generally requires a technique that aims to make it easier to understand a piece of writing. One of the techniques in speed reading is the skimming technique. This technique is more often used at the secondary education level which has begun to present complex and long texts and readings. If reading it is slow or does not use the right technique, it will take a long time and certainly not be effective. In this case, a speed reading technique is needed that requires a person to understand a long reading in a short time. The perfect technique used is the skimming technique.

From Nurhadi (1989:101) in (Ammah et al, 2012) skimming is a technique of reading the entire discourse to find something necessary. So that you can know the illustration of the discourse earlier. Using another sense, skimming is a term that refers to the process or activity of reading which is only centered on the main contents in a reading text by only looking at the part of the reading that does not show the main idea.

Skimming technique is a quick reading technique to find out the reading (Farida Rahim, 2008). Skimming means looking for the essentials of the reading, that is, the main ideas and important details in this case are not always at the beginning but sometimes in the middle or at the end (Soedarso, 1991). From the above understanding in the opinion of technical researchers skimming is a technique of reading quickly and thoroughly to get an idea of what is contained in the book without having to read the entire content of the book, which means that the skimming reading technique or speed reading technique has the aim of getting a basic idea or idea of playing that may be at the beginning of reading, in the middle, as well as at the end of the reading. The speed reading technique was first introduced by Evelyn Wood as a "reading dynamic" in her lectures at the University of Utah since 1959. (Spitznagel, 2019).

He discovered this technique while working as a student counselor at a high school in Salt Lake City. In the process of reading he found that he could read quickly if he followed the movements of his hands. He then introduced his technique in college. He also founded the Evelyn Wood Institute of Reading Dynamics in Washington DC in 1959. (Stanley, 1994).

Skimming techniques are generally applied to get the main idea in one paragraph in a piece of writing without having to read the entire content of the text in detail and thoroughly. The benefits of speed reading are being able to find and understand and master information quickly. Furthermore, using quick reading techniques can shorten the time in browsing all pages of a book or reading, and by using the skimming reading method it does not take much time to read unnecessary parts (Sari dkk, 2017).

The purpose of making skimming or speed reading techniques includes that we can discover the subject of reading quickly, can find the opinions of others, the structure of writing and get important parts without reading all the content of reading. The advantage is not to waste too much time looking for something to be desired in the book. This ability is very useful as an overview to read in detail or when reviewing heavy reading content. But, before we start skimming, we must first know what we want to get from the book or article you want to read. Skimming without a specific purpose can actually make it difficult to read quickly. As you skim, move your eyes vertically as much as you move horizontally. In other words, move your eyes along the page as much as you move it from side to side. The introductory paragraph usually reveals the main idea, argument, or purpose of the article or chapter. (Bernetta, 2020)

Reading habits in Indonesia are still relatively very low, this can be seen from the lack of interest and awareness of the importance of reading in society, whether from students, workers, or non-workers. Whereas by reading we can get new inspiration, new knowledge and new information. That by reading indirectly we have already traced a place or time that we have never been through. So great is the effect of reading, as a bridge of science, reading has a very remarkable effect when applied in everyday life. Bakar AR, S. A., dkk (2014).

Based on the facts of the data above, the interest and enthusiasm for reading in the community is still very low, so an alternative solution is needed that can increase the motivation to read. The purpose of compiling this article is to find out whether applying skimming reading techniques can increase motivation in reading in the community, especially students.

B. Literature Review

Students' reading activities at school are still not optimal, especially in online learning. The students' love of reading is still very lacking (low). The awareness of teachers to provide reading motivation to students is also still low. Some teachers argue that providing motivation for reading is the task of the teacher Indonesian. In fact, this task is the task of all teachers. So how important it is to give reading motivation to students because reading is the basic capital for studying all subjects. Therefore, in this article we deliberately discussed one of the studies by applying one of the techniques in reading to increase student motivation in reading, namely by using the skimming method, this research resulted from the results of a study of the results of a literature review based on a comparison of several articles on skimming reading techniques reviewed by researchers.

In the use of skimming techniques in several articles that researchers compared, there is a conclusion that this skimming method can improve the mastery of the English language and has significant differences in the ability to read quickly. In addition to being able to improve reader comprehension in normal students, this method has also been shown to work well in students who have a disability (deaf).

C. Methodology

In the preparation of this article, researchers used the literature study research method (library research). That is to say research based on reading literature. This type of research is used by the author to obtain theoretical data to be used as a theoretical basis for scientific writing, namely by analyzing and selecting literature related to and relevant to the title of the article to be studied. Literature study is a data collection technique by conducting a study of books, literature, notes, and reports related to the problem being solved." (Nazir,1988: 111). Based on Nazir's curling, it can be explained that the method of literature study is data collection through various literacy. The data sources that the authors use are articles, and some other sources of data or information that are considered relevant to the research. Meanwhile, in how to analyze and process data, the author uses a descriptive analysis method. Based on the understanding above, it can be understood that the Library Research method is research carried out by attacking researchers by selecting and analyzing various available literature such as books, journal articles and reports that will be used as a source of data to be processed and analyzed by researchers. Referring to the type of method used by the researcher, namely Library Research, in analyzing the researcher's data using content analysis and conclusions or analysis content.

The author describes in detail the steps that will be carried out to analyze the data as follows:

- a. Read and study the data by referring to the key words and inference ideas present in the data.
- b. Search and collect then sort out the journal articles to be reviewed.
- c. Make meaning to the data and find patterns and relationships.

In discussing the data, inductive methods are used, researchers analyze data derived from facts, concrete events, which are drawn generalizations so that they are general in nature. These generalizations are derived from facts and theories that have existed and been developed.

In other words, Library Research is a method of collecting and analyzing and processing data sources to be presented in the form of literature research reports. This means that research is only carried out based on written works, or research results that have been published or have not been published. This type of research contains several theoretical ideas that are strongly interrelated and supported by data from library sources.

D. Findings and Discussion

This research is to find out the role of the application of skimming methods to increase motivation in students. To obtain the results of the study, it is necessary to study the results of readings based on several research articles on skimming reading techniques as for the articles reviewed by researchers, among others:

Referring to the research article Rizky, H. S., & Khristiana, Y. (2020:222-226) "Penggunaan metode skimming dalam memahami jurnal berbahasa Inggris pada mahasiswa di STIE AUB surakarta". Namely that by applying skimming reading techniques in reading English-language journals by students at STIE AUB Surakarta can improve mastery and comprehension of the content of reading in English. Whereas in the research article Insiyah, I. (2018:13-17). "Strategi skimming dalam meningkatkan efektivitas membaca siswa di kelas xi SMK Nurul Jadid paiton"

namely that by introducing and using skimming scanning strategies can improve the reading comprehension of a group of students. Based on the data from the two articles above, it can be seen that the results of comparisons based on analysis and discussion in the two research articles, researchers can conclude that the use of the skimming reading method can improve speed reading skills and improve comprehension of reading content in students and in students who are still in grade V elementary school.

Then refer to the article Gideon, S. (2020:5-7) "using skimming to improve students' reading comprehension in descriptive texts" namely that skimming techniques can make it easier for students to improve speed reading skills by using (Paired sample t-test) which is carried out to test the development of students' reading skills after performing skimming techniques. The results showed that there was a statistically significant increase in the achievement of students' reading ability. As for the research article Gultom, dkk. (2019:19-21) "meningkatkan keterampilan membaca cepat melalui teknik skimming pada siswa kelas v sekolah dasar" that the use of skimming reading techniques can improve students' quick reading skills which can be seen from the observation of teacher and student activities that increase at any time as well as with the results of the speed reading skills test. Based on the data from the two articles above, it can be seen that the results of comparison based on analysis and discussion in the two research articles researchers can conclude that there is a significant difference in the ability to read quickly from the object of study of the two articles above, but the researchers can conclude that the skimming technique.

Referring to the results of the research in the article Amalia & Falina N. (2019) "peningkatan keterampilan membaca cepat dengan teknik skimming" namely that there is an increase in speed reading skills of students in the second semester of the Indonesian Language and Literature Education Study Program FKIP Tridianti University Palembang after participating in speed reading learning with skimming techniques this can be seen from the results of hooking and interviews while in the article Inawati, I., & Darningwati, D. (2020) "Kemampuan Mahasiswa Menentukan Ide Pokok Paragraf Melalui Teknik Skimming. Jurnal Bindo Sastra" namely that the ability of semester IV students majoring in Indonesian Language and Literature Education at FKIP Baturaja University in determining the main idea of paragraphs using skimming techniques, it is a category that is quite capable with an average score of 60.39. Based on the data from the two articles above, it can be seen that the results of comparisons based on analysis and discussion in the two research articles, researchers can conclude that using skimming techniques in reading skills shows that there is an increase in students' fast reading skills even with a less percentage.

In the research article Asiyah, dkk "(2021). "Efektivitas Penerapan Model Speed Reading Dan Model Skimming Dalam Meningkatkan Kemampuan Membaca Cepat" namely that by applying the skimming reading learning model has proven effective in an effort to improve the speed reading ability of class VII MTs-SA nurul Falah Bungbulang Garut students. Which data is obtained from the average increase in the initial test score to the final test on the subject. Meanwhile, in the research article Bambang, S. (2019) "Meningkatkan Skill Membaca Melalui Skimming Bagi Mahasiswa Berkemampuan Rendah di Administrasi Bisnis Politeknik LP3I Jakarta" namely that Based on the results of providing types of reading texts in the first, second and third reading stages In this activity there is a improvement in students' reading skills in answering the types of questions in Reading stage 1, Reading stage 2 and Reading stage 3. Based on the data from the two articles above, it can be seen that the results of comparisons based on analysis and discussion in the two research articles, researchers can conclude that learning to read fast by using skimming reading techniques is effective in improving abilities and improving skills in speed reading.

Based on the research article Nur, C. (2019). "Peningkatan Prestasi Belajar Bahasa Indonesia Dan Ketrampilan Membaca Cepat Dalam Membaca Buku Teks Dengan Teknik Skimming Pada Siswa Kelas Vi Mi Sultan Fatah Demak Tahun Pelajaran 2016/2017" namely that the ability in reading skills in Indonesian learning using the application of Skimming techniques can improve student learning achievement and improve students' speed reading ability in class VI in Indonesian subjects in MI Sultan Fatah Demak. Meanwhile, in the research article Adifatoni, Y. (2014). "Upaya Meningkatkan Kemampuan Membaca Teks Cepat Melalui Teknik Skimming Dan Scanning Pada Siswa Kelas Ix Smp Negeri Loa Janan" namely that skimming and scanning techniques are effective in helping students to increase the speed of reading texts in students who are actively involved and motivated in terms of the learning process. Skimming and scanning reading techniques can stimulate students' interest in reading to increase continuously even though it is still slow. Based on the results of observations from the results of

the studies of the two articles above, researchers can conclude that by applying skimming reading techniques to students can improve their ability to read fast and can increase interest in reading even with a slow process.

Based on the research article Sultan, M. A. (2019) "Peningkatan Kemampuan Membaca Pemahaman Menggunakan Teknik Skimming. In Seminar Nasional LP2M UNM" namely that by applying skimming techniques can improve English reading comprehension skills in students of campus V UNM Parepare. This is obtained from data in the form of a multiple-choice written test. Meanwhile, in the research article Pasaribu, F. M. (2021). "Penggunaan Teknik Membaca Skimming dan Scanning dalam Pembelajaran Membaca Pemahaman pada Siswa Kelas VB SDN Pakis V Surabaya" namely that the use of skimming and scanning reading techniques has a relatively positive impact to help students in shortening the time needed in reading comprehension. This can be seen from the percentage of average student activity after Based on the data from the two articles above, it can be seen that the results of comparison based on analysis and discussion in the two research articles researchers can conclude that reading techniques.

Based on the research article Fitriani, L. (2020) "Pengaruh penerapan teknik skimming terhadap keterampilan membaca efektif siswa pada mata pelajaran Bahasa Indonesia kelas V SDN 2 Pengadang Kecamatan Praya Tengah Tahun Ajaran 2020 " namely that the application of skimming techniques can make fast reading learning much more effective than general learning, especially in finding a main idea. This can be seen from the significant difference in students' reading speed between before and after learning in applying skimming reading techniques. This can be known based on the results of the t-test of pretest and postes data which found that between the percentage of reading speed before and after learning by applying skimming reading techniques, there was a significant difference. Meanwhile, in the research article Munawaroh, B. (2022) "Peningkatan kemampuan memahami teks narasi melalui teknik membaca sekilas (skimming) kelas V SDN Ngreco Kabupaten Blitar" namely that skimming techniques that can make an increase in student comprehension and skills results. This can be seen from the results of the research using the method The approach used is a qualitative descriptive approach with the type of research is class action. It can be found in research using the application of skimming reading techniques in an Indonesian language learning that can run well and get a significant increase in the percentage of teacher and student activities in learning. Based on the data, analysis and comparison of the two articles above, researchers can draw a conclusion, namely by applying skimming reading techniques to elementary school students can increase the literacy of students and teachers in the teaching process and researchers assess that the use of skimming reading techniques is more effective in learning to read fast compared to conventional learning.

E. Conclusion

Based on the analysis of data and discussions in this study that have been described in the discussion chapter, the researcher can imagine that by applying the use of skimming reading techniques to students starting from elementary school, junior high school to students, it has been proven to be effective in improving reading ability and analyzing reading content such as reading papers quickly. Where with the increase in reading ability a learner can be a driver of increasing motivation in reading. The researchers suggested that the skimming technique could be recommended to be one of the easy and good reading techniques to increase a person's motivation in reading in students.

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